

# The Royal Greenwich Short Breaks Service Newsletter

Easy read



The **Royal Greenwich Short Breaks Service** offers short breaks to people with a learning disability.



We can offer you an overnight stay, days out in the community or support in your own home. We are flexible and fit our support to your needs.

  
ROYAL borough of  
GREENWICH

 **Outlook Care**  
*It's our business to care*

# Have your say!



We want to listen to your views.



You can have your say with David Thomas who is the Chair of Outlook Care's Board of Trustees.



He is coming to meet people on Wednesday 30th September.

# Creative and Interactive Sensory Garden



We are making a garden which will be great for people who have sensory impairments or emotional difficulties.

There will be things that people can do to enjoy the garden.



There will be musical chimes, different feeling boards and games.



We also want to have an allotment space where people can grow food and learn about healthy eating.



We are launching the new garden on **Friday 11th September from 1-3pm** with a party. Please come and join us for afternoon tea and cakes.

# Your opinion matters



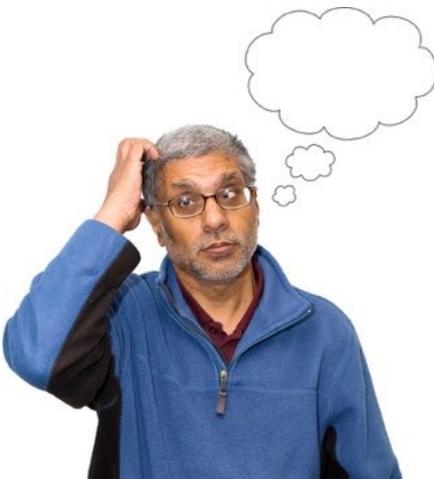
You recently told us that our televisions were too small.



We listened and there are now four 32 inch televisions in the first floor bedrooms, with four more on order for the ground floor.



You also wanted wi-fi and we now have it so you can bring your tablets, and games consoles.



If there is something you think we should know, please tell us. We love to know what you think about our service.

# A Day to Remember



If you have a personal budget you could book one of our staff to take you out for the day.



You could...

- Go on the O2 Cable Car



- Go to the Greenwich market



- See the Greenwich clipper boats



- Visit the Tower of London



- Go on a Thames river cruise



For less than £15 an hour our staff could support you to have the best day. This price does not include travel or tickets.



Book your trip today. Contact us on **0208 269 1192**

## Helping us to get new staff



Four guests helped us to get some new staff in May.



They interviewed the people who wanted to work for us and helped us to choose the right new workers.

# The Crush Club



Do you fancy a night out in the Crush Club?



The Crush Club is a nightclub experience for people over 18 with a learning disability and takes place on the last Wednesday of every month.



The club gives people the chance to go out and socialise with friends and experience a night club atmosphere.

# The whole clubbing experience



We support people who are staying with us to have **the whole clubbing experience**, including a **pamper session** and **pizza** before you go, and **taxis** there and back.



We can support you to **either** go to the Crush Club, **or** we can support you to come and stay over with us and enjoy the **whole clubbing experience**.



Entrance to the Crush Club is £5 per person and £1 for your carer. There is also a charge for the taxi.



Contact us if you want some support from the Royal Greenwich Short Breaks Service. Phone **0208 269 1192**

# For more information

If you want to find out more please contact us.



**Telephone:** 0208 269 1192



**email:**

Royalgreenwichshortbreaks@outlookcare.org.uk