



learning  
disability  
supported  
living

# Autumn Cottage

Shoeburyness, Essex - by the sea



## Our vision

*'People with individual needs living the lives they choose'*

## Our mission

By delivering a range of flexible care and support services we will ensure people with learning disabilities are as independent as possible and connected with their local communities.



Call **01702 292 005** for more information



# Autumn Cottage - There's no place like home



Autumn Cottage is a 7-bedded purpose built bungalow situated along the sea front, near all amenities. It is a supported living home for people with learning disabilities and special needs.



## Living at Autumn Cottage

Our aim is to provide a homely, caring, respectful and dignified environment which promotes an excellent quality of life for people living at Autumn Cottage. This also includes improving quality of life for people nearing the end of their lives.

Autumn Cottage offers accommodation to seven people in single occupancy bedrooms with specialised equipment, (overhead tracking, profile beds).

It has a large, bright lounge and dining area, a utility room, one bathroom and one walk-in shower room with toilets.

There is a sensory room and nail bar which evoke a calm inviting ambience while delivering holistic relaxation (a visiting Aromatherapist offers a wide array of treatments).

The people we support also enjoy the use of a large garden, patio and a gazebo.

## What makes Autumn Cottage unique?

Apart from its wonderful location, Autumn cottage is a supported living home, which is unusual for people with complex or special needs. Customers are supported with all their physical needs. In addition they are supported to maintain their acquired skills and to go out into the community.

Customers are supported to make choices such as going shopping for new clothes and items for their bedrooms.

All bedrooms come complete with wash basins, vanity units and bedroom furniture and customers are encouraged to decorate their bedroom in their favourite colour.

## Opportunities

We support a variety of activities in-house (games, massages, videos, sensory, tasting and music sessions).

Each person is supported to experience and enjoy local activities (such as walks along the seafront, shows at the local Cliffs Pavilion and Palace theatres). There is a wonderful park opposite to feed the ducks and have picnics beside a lake and there are lots of restaurants, shops and social clubs locally.

There are always activities along the sea front, with fireworks, amusements, Adventure Island and the pier.

## Supporting individuals

Outlook Care is committed to ensuring that all the people we support are treated as individuals, in a person centred way and that their rights, wishes and care choices are respected.

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Established in 1990, Outlook Care has years of experience supporting people with a learning disability. We work in partnership with people we support, their friends and families, commissioners, care managers, health professionals, advocates and other key stakeholders.

We aim to ensure people affected by a life limiting condition are fully consulted with support from others where required, regarding their individual wishes, aspirations and preferences and how they would like to be cared for.



### Core support services

- 24 hour support including waking night staff, 7 days a week
- 1:1 support hours designed with each person as required.
- Individual person centred support plans, personal care and medication support where appropriate.
- Risk management through multi disciplinary approach.
- Support to access local community resources.
- Support to identify appropriate community services to meet individual needs.
- We recognise that everybody is unique and requires different levels of support. We are able to offer additional 1:1 hours if required.



### Feedback from a recent visitor

‘Purely from a personal point of view, if I had a family member who required the services and provision that Autumn Cottage provides, I would not hesitate for them to reside there and would have every peace and satisfaction that they were receiving an extremely high standard of care, dignity and respect.’

— Judith

Specialist services

Call **01702 292 005** for more information

## Autumn Cottage, Shoeburyness Call 01702 292005 for more information

### Eligibility

To be eligible to live at the service, people must be over 18 years old, have a learning disability and have an assessment carried out by the referring local authority.

### Support Staff

- Our staff team are experienced and committed to delivering flexible support and care, to enable people to be as independent and connected to their local communities as they can be.
- Experienced in supporting people to maintain tenancies; maximising choice and control, maintaining and developing their life skills.
- Trained in person-centred approaches, total communication; safeguarding vulnerable adults; end of life and epilepsy.
- Input from a specialist manager to support behaviours that challenge and autism.

### Prices

Fees are based on assessment of needs

for each individual.

### Referrals

To make a referral please contact Teresa Lawrence, Service Manager on **01702 292005** or by email on: **teresa.lawrence@outlookcare.org.uk**



### Comments & Complaints

If you have a comment or complaint about Outlook Care please contact us on the email and number below.



## About Outlook Care

Outlook Care is a not for profit organisation, registered with the Care Quality Commission that has delivered person centred support and care to people since 1990. We are experienced in managing and training staff to help people with a range of needs, fully understanding that each of our customers has their own individual needs and wishes. Customer service is at the heart of the work that we do.

Outlook Care is a registered society under the Co-operative and Community Benefit Societies Act 2014, incorporated on 24th January 1990 and recognised as charitable by HM Revenue & Customs. Registered Society Number 26988R

### Outlook Care

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